Syllabus
Course Program

SOCIAL AND PSYCHOLOGICAL TRAINING

Specialty
011 Educational, pedagogical sciences

Institute
Educational and Scientific Institute of Social and Humanitarian Technologies

Educational program
Pedagogy of high school

Department
Pedagogy and Psychology and Social System Control named after I. A. Ziaziun (301)

Level of education
Master's level

Course type
Special (professional) training, Mandatory.

Semester
7

Language of instruction
English

Lecturers and course developers

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Candidate of Pedagogical Sciences, Associate Professor, Associate Professor of the Department of Pedagogy and Psychology of Social Systems Management named after Academician I.A. Zyazyun, NTU "KhPI"

Teaching experience - 10 years. Author of more than 50 scientific and educational works. Author of trainings on leadership issues, personal development in various aspects and team building. Leading lecturer in the disciplines: "Game Methods in Psychological Practice", "Psychology of Addictive Behavior", "Social and Psychological Training", "Social Psychology", "Team Building Psychology", "Leadership in the Management of Social Systems", etc.
More about the lecturer on the department's website

General information

Summary

The discipline is aimed at mastering the theoretical foundations and developing practical skills in building a successful social and psychological training, mastering the skills of conducting various training methods, understanding dynamic processes in training groups. Emphasis is placed on analyzing verbal and non-verbal communication, developing practical communication skills that will be effective in different situations of business communication at different stages and in different social groups. Methods of managing emotional states are revealed.

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Course objectives and goals

Acquisition of knowledge in the field of social and psychological mechanisms of social and psychological training and application of various training methods and skills of constructive business interaction

Format of classes

Lectures, practical classes, consultations, self-study. Final control in the form of a differential test.

Competencies

General competences:
GC 1. Ability to apply knowledge in practical situations.
GC 2Knowledge and understanding of the subject area and understanding of professional activities.
GC 7 Ability to generate new ideas (creativity).
GC 8 Interpersonal skills
GC 9 Ability to work in a team

Competencies of specialization:
CS 1 . Ability to operate with the categorical and conceptual apparatus of psychology.
SC2. Ability to retrospectively analyze domestic and foreign experience in understanding the nature of the emergence, functioning and development of mental phenomena.
SC3. Ability to understand the nature of behavior, activities and actions.
SC4. Ability to independently collect and critically process, analyze and summarize psychological information from various sources.
SC7. Ability to analyze and systematize the results obtained, formulate reasoned conclusions and recommendations.
SC8. Ability to organize and provide psychological assistance (individual and group).
SC9. Ability to carry out educational and psychoprophylactic activities as requested.
SC10. Ability to comply with professional ethics.
SC11. Ability to personal and professional self-improvement, learning and self-development.
SC12. Know and understand the subject area and understand the future profession.

Learning outcomes

LO 7.. Reflect and critically evaluate the reliability of the results of psychological research, formulate reasoned conclusions.

ELO 10. Formulate an opinion logically, clearly, debate, defend one's own position, modify statements in accordance with the cultural characteristics of the interlocutor.

HR 12. To develop and implement a program of psycho-preventive and educational activities, psychological assistance measures in the form of lectures, discussions, round tables, games, trainings, etc. in accordance with the customer's requirements.

PO 16. To know, understand and adhere to the ethical principles of professional activity of a psychologist.

ELO 27. Draw conclusions and describe the peculiarities of mental processes of a person.

Student workload

The total volume of the course is 150 hours (5 ECTS credits): workshops - 64 hours, self-study - 86 hours.

Course prerequisites

To successfully pass the course, you need to have knowledge and practical skills in the following disciplines: Age Psychology, Family Psychology, Personality Psychology, Social Psychology, General Psychology.

Features of the course, teaching and learning methods, and technologies

Practical classes use a project approach to learning, game methods, and focus on the application of innovative pedagogical information technologies in educational monitoring. Active learning methods that

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are used: discussion, brainstorming, problem-based methods, the method of specific practical situations, business and role-playing games.

Study materials are available to students through OneDrive of NTU KhPI.

Program of the course

Topics of the - ALL TEXT - all topics
Topics of practical classes

Topic 1: History of the training movement in psychology.
The history of active group learning methods in applied social psychology. The emergence of SPT (M. Forverg). Some classical types of group psychological work: T-groups (K. Levin), meeting groups (K. Rogers), Gestalt groups, psychodrama by J. Moreno, transactional analysis in a group, skills training.

Topic 2. General characteristics of social and psychological training as a type of active social and psychological training.
Goals and objectives of the SPT. Basic principles of the SPT. Types of SPT (skills training, personal growth training). The concept of "communicative competence" and methods of its improvement; feedback as the main mechanism of influence on the personality during the training.
Principles of building a training space.

Topic 3. Classification of training methods.
General orientation on the application of the different methods used in SPT. Classification of methods used in conducting SPT. Group discussion as a basic procedure in the SPT. Elements of self-management in SPT. Diagnostic procedures of SPT. The concept of a "program of the SPT".
Types of training programs.

Topic 4. Types of training games.
The phenomenon of the game in the SPT. Types of training games.
Psychogymnastics, its role and functions in the process of SPT.
Relaxation methods.

Topic 5. Principles of training group formation.
Principles of staffing training groups and its logistical support.
The concept of a "training program" and methods of its construction.

Topic 6. Preparation of a training leader.
Requirements for the presenter's personality. The system of presenter training.
The main mistakes of training. The role of the trainer in groups of different directions.

Topic 7. Stages of training group development.
Stages of training group development. The concept of training phases: labialization and learning. Correlation of the stages of group development with the phases of training. The use of sociodynamic patterns in the formation of the group process in the SPT. Strategies of trainer's behavior in a group of SPT. Working with strong feelings in SPT.
The results of research on psychological phenomena of the SPT: the dynamics of self-esteem and sociometric status of a person in the process of SPT...

Topic 8: Structuring the training session and the training as a whole.
General algorithm of the training day. Warm-up exercises at the beginning of the training day. Warm-up exercises. The main game.
Diagnostic procedures for SPT. Role-playing at different stages of SPT. The end of the training day and its registration. The end of the training day and its formalization.

Topic 9: Programs: "Partnership communication.
Programs: "Partnership Communication"; "Effective Group Interaction".

Topic 10. Factors that facilitate and do not facilitate the establishment of partnership business communication.
Factors that facilitate and do not facilitate contact, information exchange, and decision-making.

Topic 11. Non-verbal communication in the course of business interaction...
Non-verbal communication in business interactions. Positive self-presentation...

Topic 12: Strategies of behavior in negotiations.
Strategies of behavior in negotiations. Constructive behavior in a conflict of interest.

Independent work

The course involves completing an individual abstract assignment and analyzing the current market for training services (for all students).

Topics of individual assignment.

1. The concept of SPT in domestic psychology: the concept of perceptual-oriented training.
2. Usage of video recording during the training.
3. Self-observation, reflection, use of a diary in the process of SPT.
4. Psycho drawing. Sensitive training.
5. Modern trends in promotional events for trainings
6. The concept of coaching style
7. The effectiveness of the SPT. Self-management. Models of pedagogical communication.
8. Individual counseling based on the results of the training.
9. Independent study of the topics and sections identified by the teacher using a textbook or other sources. Take notes on what you have read.
10. Analysis of the peculiarities of modern trainings: topics, audience, peculiarities of conducting, etc.

Course materials and recommended reading

Basic literature
1. Irvin D. Yalom. Theory and Practice of Group Psychotherapy
2. MARK F. ETTIN. Foundations and Applications of Group Psychotherapy: A Sphere of Influence
3. Group Action: The Dynamics of Groups in Therapeutic, Educational and Corporate Settings (International Library of Group Analysis)

Supplementary literature
1. PAUL SEAGER. Social Psychology: A Complete Introduction (Teach Yourself)
2. Eric Berne. Games People Play. The Psychology of Human Relationships
3. RICHARD M. BILLOW Relational Group Psychotherapy: From Basic Assumptions to Passion (International Library of Group Analysis)

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Assessment and grading

Criteria for assessing student performance, and the final score structure

100% of the final grade consists of assessment results in the form of an exam (40%) and ongoing assessment (60%).
Exam: written assignment (3 questions on theory) and oral presentation.
Current assessment: 1 online module test and individual assignment (20% each).
A rating system is also provided.

Grading scale

Total points	National	ECTS
90-100	Excellent	A
82-89	Good	B
75-81	Good	C
64-74	Satisfactory	D
60-63	Satisfactory	E
35-59	Unsatisfactory (requires additional learning)	FX
1-34	Unsatisfactory (requires repetition of the course)	F

Norms of academic integrity and course policy

The student must adhere to the Code of Ethics of Academic Relations and Integrity of NTU "KhPI": to demonstrate discipline, good manners, kindness, honesty, and responsibility. Conflict situations should be openly discussed in academic groups with a lecturer, and if it is impossible to resolve the conflict, they should be brought to the attention of the Institute's management.
Regulatory and legal documents related to the implementation of the principles of academic integrity at NTU "KhPI" are available on the website: http://blogs.kpi.kharkov.ua/v2/nv/akademichna-dobrochesnist/

Approval

Approved by	Date, signature	Head of the department Oleksandr ROMANOVSKY
	Date, signature	Guarantor of the educational program Tetyana SOLODOVNIK

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